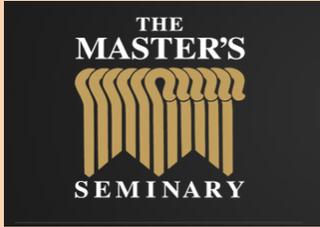


Teleios surveyed pastors for their perceptions of how church-based activities influence wellbeing.

We sent the survey to 976 pastors who were graduates from 3 Bible-believing seminaries, of whom 105 (11%) responded.



Sun Valley, CA



Littleton, CO



Glenside, PA

Survey questions were developed from Scriptural references to spirituality or service encouraged church activities (**Acts 2:42, 47, 1 Tim 4:14-16, I Tim 2:2**) and from common administrative tasks within the modern church. Questions focused on three categories:

Teaching and worship

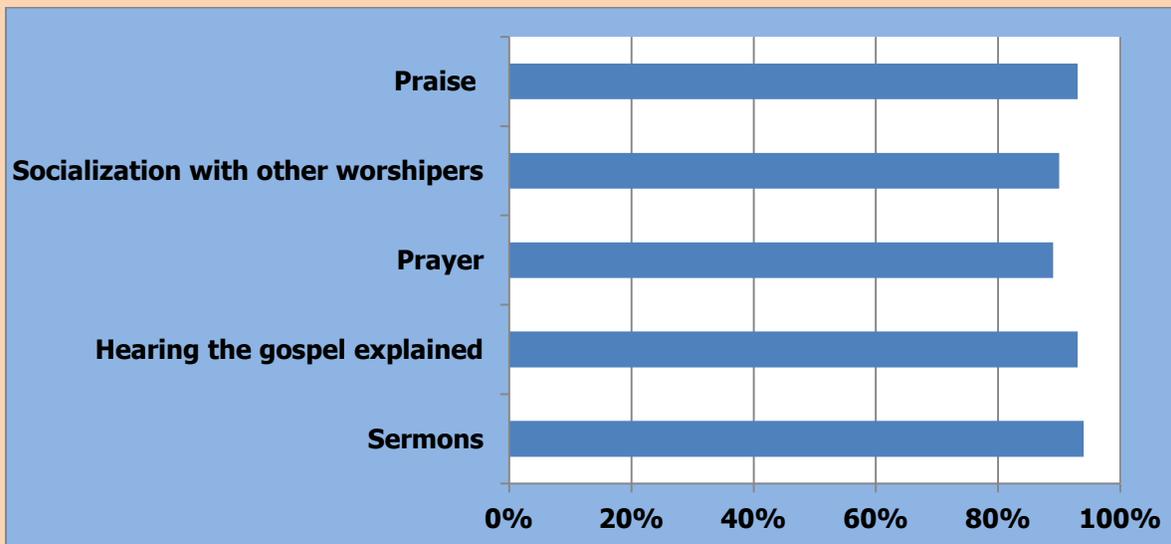
Service outside the church

Communication within the church

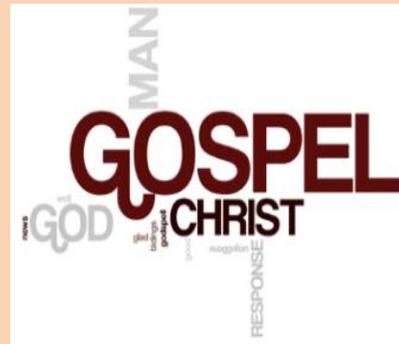
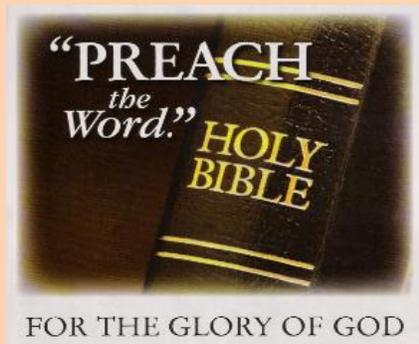


Teaching and worship

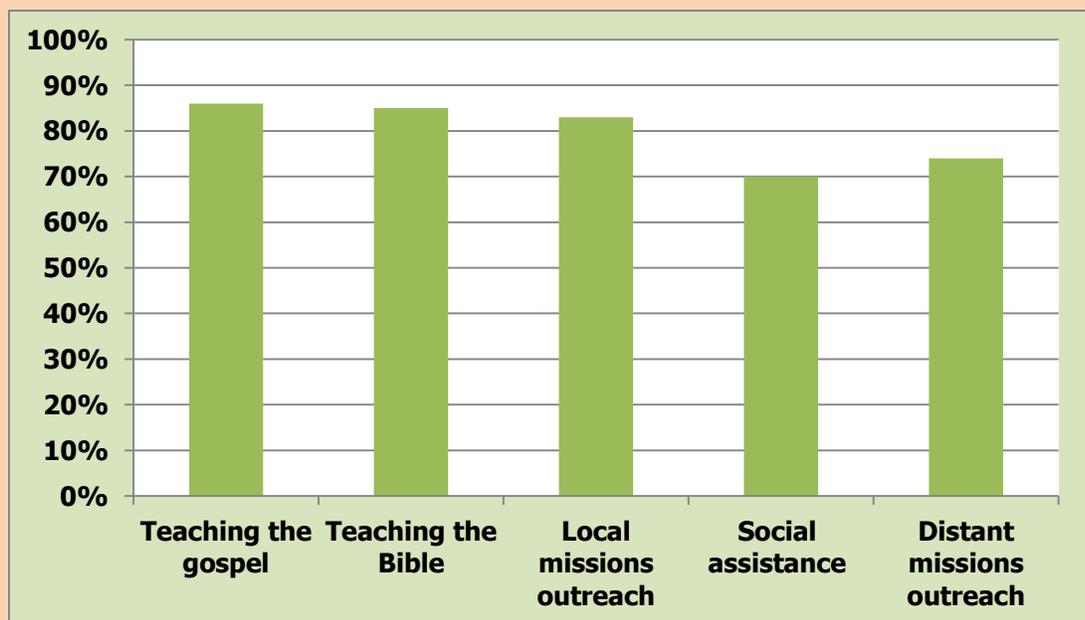
Pastors indicted overwhelmingly that spiritual based activities improved wellbeing. (Top 5 responses of which they selected 'very positive' or 'positive')



Service outside the church



**Pastors noted strongly that service outside the church augments wellbeing.
(respondents who selected 'very positive' or 'positive')**



Administration issues and communication patterns



Pastors even indicted the church's administration and communications, although at a lower percent than spiritual activities, also assisted wellbeing. (top 5 responses of which they selected 'very positive' or 'positive')

	Percent
Member relationship with the head pastor	89%
Relationship with lay leaders	84%
Manner of conflict resolution among members/officers/staff	83%
How members speak about each other/staff	81%
Member relationship with the associate pastor(s)	67%



Church activities, and especially those spiritually-based, may improve attendee's wellbeing.

For a copy of this infographic for your own use please [click here](#).