

How Church Effects Wellbeing in Youth

WHAT WE DID

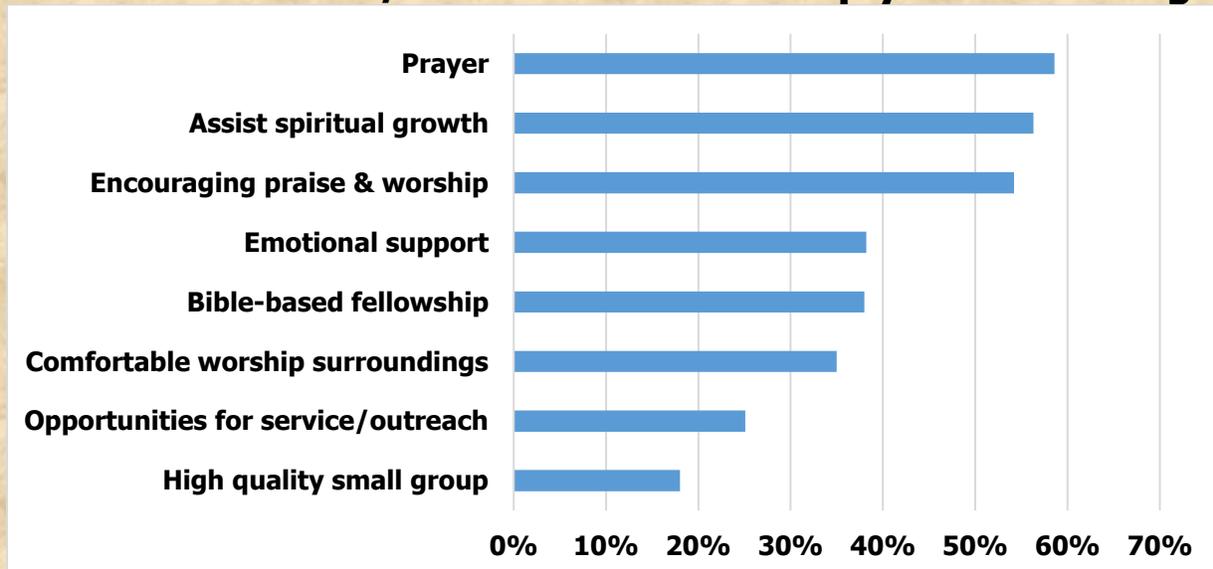
- Conducted a survey by recruiting respondents from visitors to InstaPray, a Christian Instagram account
- 884 participants were surveyed about life and how church affected their wellbeing
- The majority of participants:
 - Attend church 4+ times/month (80%)
 - Are female (73%)
 - Are age 18-30 (39%)
 - Live in the USA (56%)
 - Are evangelical (77%)



WHAT WE FOUND

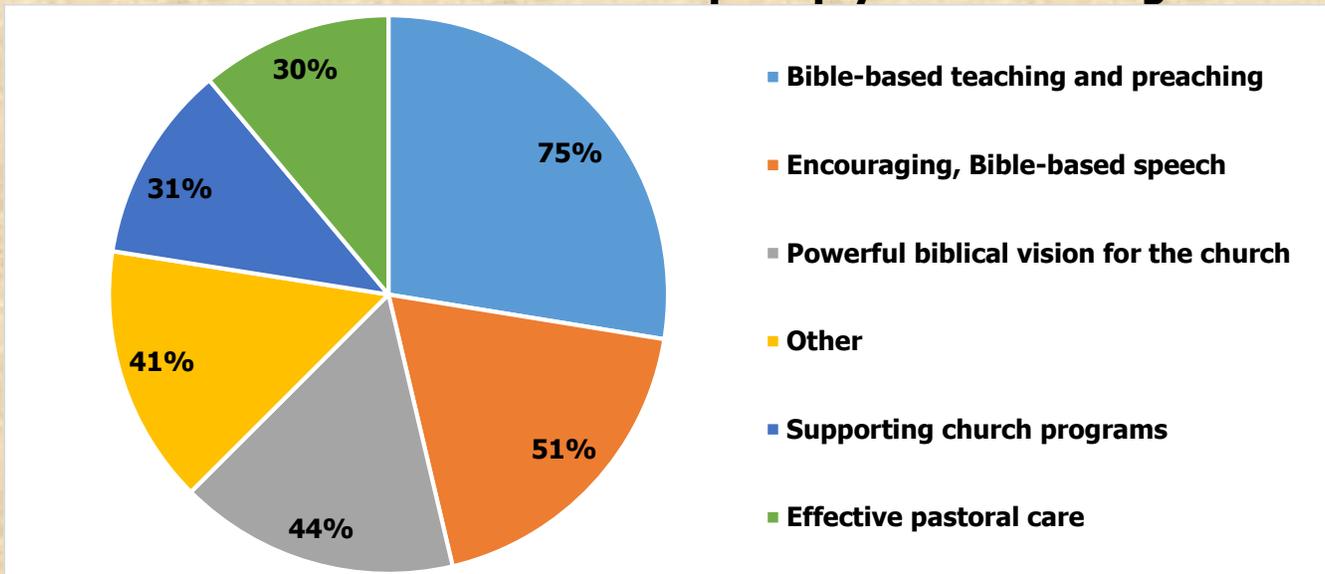
Look at the fascinating findings!

How does church/church members help your wellbeing?



Adolescents and millennials had the same desires for their church experience, which were also similar across all world geographic regions.

How does church leadership help your wellbeing?



Church leadership impacted the wellbeing of adolescents and Millennials in the same way which was also similar across all world geographic regions.

WHAT IT MEANS

Prayer, spiritual growth, and praise & worship in church help attendees' wellbeing. How encouraging!

The church's Bible-based teaching & preaching, encouraging Bible-based speech and powerful biblical vision for the church, also helps wellbeing.



Establishing evidence for the positive results of a God-based lifestyle

If you are not a Christian or do not know that salvation is by faith alone ... keep reading!

- Each person has done misdeeds (sin) that deserve punishment from a perfect and just God.
- However, God being loving, sent his Son, Jesus Christ, to die for our sins on the cross to take the punishment we deserve.
- Consequently, when we simply accept, through faith alone, the forgiveness that Christ provided by his death on the cross, we receive a permanent relationship with God and eternal life!

(Ephesians 2:8-9, Romans 10:9-10, and Romans 3:21-26).

If you have questions/insecurities about your faith or general comments we welcome you to contact us at teleiosresearch@outlook.com. Please visit our website and social media accounts:

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